

## Internships

Maine Handicapped Skiing provides Interns the opportunity to play an integral role in empowering people with physical disabilities. We offer the possibility of hands-on internships in both winter and summer programs as well as in program management. An internship with MHS will be a rewarding one.

### Who we are

Maine Handicapped Skiing is a 501(c)(3) non-profit organization that provides year round adaptive recreation programs to children and adults with physical disabilities. Our mission is to develop and operate educational programs that encourage individuals with a physical disability to discover new abilities through recreation.

The benefits of adaptive recreation including skiing, both alpine and nordic, snowboarding, snowshoeing, canoeing, kayaking, cycling, and golf are numerous for people with physical disabilities. Developing physical strength, self-confidence, and social contacts are just some of the benefits seen when people get involved with Maine Handicapped Skiing.

### Benefits

- During the winter term Interns will receive a complementary day pass for every 2 days volunteered from the ski area at which they volunteer. During the summer term Interns have the opportunity to learn new types of recreation.
- Interns will be provided a workspace with access to a computer, a locker and a secure place to store equipment.
- Interns will be provided with meaningful and varied experiences that will enhance their professional development.

### Internships available

Internships are non-paid positions. Internships are available for winter programs, summer programs, program management, marketing or other specific areas approved by MHS staff and the Interns college/university supervisor.

The length of an Internship may vary according to the needs of MHS and the Intern. Common Internships include five days per week for one month or one to three days per week for the winter or summer term.

Interns are expected to conduct themselves in a professional manner and one that reflects positively on the program and its staff.

### Supervisor

Depending on the nature of the Internship, the Intern will be supervised directly by one of the following staff members: Program Director, Program Coordinator or Executive Director. The supervisor will be responsible for providing a meaningful internship that follows the college/university and Maine Handicapped Skiing internship program standards.

### Insurance

Interns at Maine Handicapped Skiing are not covered under Workman's Compensation Insurance for accidents or injury. Interns are strongly encouraged to carry their own personal medical insurance.

### Contact information

For more information about internships with Maine Handicapped Skiing contact Judy Sullivan, Program Director or at Maine Handicapped Skiing, 8 Sundance Lane, Newry, ME 04261 or 207-824-2440 or via email [info@skimhs.org](mailto:info@skimhs.org).

