



**Come
Celebrate
With us!**

**Ski/Ride Free at the
Ski-A-Thon with your
friends, family & co-
workers!**

**Registered Team
Captains get a GIFT!**

**The Ski-A-Thon is
more than
Alpine Skiing!**

The Ski-A-Thon is also for snowboarders *and* cross-country skiers! If your buddies are Nordic (cross-country) skiers, they can join your team, or form a team of their own! Same great fun at the Sunday River Cross Country Ski Center @ Wilderness House (including "wacky races"); then meet up at the Ballroom for dinner & evening dancing and the awards ceremony!

QUESTIONS?

Call Joanne or
Wendy at
207-824-2440 or
email:
info@skimhs.org

Maine Handicapped Skiing's 25th Annual Ski-A-Thon Saturday, March 27, 2010



Thank you for being a team captain or team member in 2010. For 28 years MHS has provided **free** adaptive sports lessons to children and adults with physical disabilities. By fund-raising for MHS, you help raise 65% of our yearly budget in one day!

Easy On-Line Pledging

It's EASY, SECURE &
PAPERLESS

GO TO www.firstgiving.com/mhs - our on-line fundraising tool for the 2010 Ski-A-Thon. **CLICK ON GET STARTED and select 25th Anniversary Ski-A-Thon.**

Set up your own personal fundraising page with photos & messages unique to you. The instructions are easy and it only takes a few minutes.

Firstgiving allows you to email hundreds of your contacts, asking them to pledge you for the Ski-A-Thon. They just have to go to firstgiving to immediately & easily make a

**New in 2010
THE TEAM CHALLENGE CUP!**

**Team Captains
When registering your team,
choose a category:**

**MHS VOLUNTEERS
MHS PARTICIPANTS
SR CONDO ASSOCIATIONS
SUGARLOAFER'S
COUNSELLOR'S
SEMI-CONDUCTOR'S**

**The top fundraising team in each
category earns a beautiful CUP
displayed at MHS!
Questions? Call Joanne!**

**Put more excitement in your
personal fundraising page!**

Add a video!—Include a thumbnail link to one of our **YouTube** videos (MHSoutreach). New videos added weekly. Or create your own video on **You Tube** that will inspire your donors. **LOG INTO YOUR FIRSTGIVING ACCOUNT, SELECT YOUR FUNDRAISING PAGE, CLICK ON ADD A YOU TUBE VIDEO & FOLLOW INSTRUCTIONS.**

Install a link on your FACE-BOOK page!—Put a thumbnail link to your Firstgiving.com personal fundraising page in the left margin of your **FACE-BOOK page**. **LOG INTO YOUR FIRSTGIVING ACCOUNT, SELECT YOUR FUNDRAISING PAGE, CLICK ON PUT YOUR PAGE ON FACEBOOK** and follow instructions.

**Your fundraising efforts
are greatly appreciated!**

Thank you!