



Fall 2009

Hello,

If as much snow falls this winter as rain fell this summer, the winter should be excellent. MHS is looking forward to having you join us this winter. Whether you are a new or a returning volunteer, you will need to send in a volunteer application, training application and a calendar marked with the dates you would like to volunteer. All volunteers need to attend 2 on snow trainings and, in addition, new volunteers must attend an orientation.

As an MHS volunteer you can look forward to great preseason on snow training, a lift ticket for the day you volunteer, a complimentary ticket for every 2 days of volunteering, a chance to meet and ski with some wonderful people, in season clinics with our trainers to advance your skiing and riding skills and the experience of a lifetime.

What is new and happening this year at MHS:

Our Executive Director- Peter Adams  
Our Equipment Coordinator –Kent Harlow  
Our FULL time Internal Support Coordinator- Lizz Peacock  
The Ski-A-Thon will celebrate year 25!  
Transportation from Portland and Bangor once again  
A bright new trim color on the MHS building  
An additional trainer to focus on Snowboard volunteers

The staff at MHS and the participants are looking forward to having you volunteer for the program.

\*By sending your paperwork into MHS quickly, the process of confirming participants can begin; **your scheduled dates** determine how we schedule the participants. If you have any questions, please email me at [jsullivan@skimhs.org](mailto:jsullivan@skimhs.org) or call 207-824-2440.

Sincerely,

Judy Sullivan  
Program Director

# Maine Handicapped Skiing 2010 Volunteer Calendar

Name: \_\_\_\_\_

Phone #: \_\_\_\_\_

**Mark Volunteer dates on the appropriate calendar for the location where you want to volunteer.  
Please return by Nov 1 or as soon as possible. Confirmations will be sent by mail.**

**\*The Participant schedule depends on the volunteer schedule, so sign up early to confirm your days!!**

**\*\*Please note: Shaded dates are NOT AVAILABLE for volunteering\*\***

## SUNDAY RIVER SKI RESORT

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				January		1 Race Team Begins 2
3 Lessons Begin	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18 MLK Day	19	20	21	22	23
24	25	26	27	28	29	30
31	1-Feb	2	3	4	Veterans/ No	5 6
7 Boundaries	8 Program	9	10	11	12	13
14 	15	16 President's	17 Week	18	19	20
21	22	23	24	25	26	27
28	1-Mar	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17 	18	19	20
21	22	23	24	25	26	27 Ski-A-Thon
28	29	30	31	1-Apr	2	3 Easter Weekend

**\*\* Contact and scheduling information continued on back pages\*\***

Supp. ID \_\_\_\_\_ Vol. ID \_\_\_\_\_ Date Received \_\_\_\_\_



# Maine Handicapped Skiing 2010 Volunteer Calendar

Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

**\*Please Note:** Shadowed Dates are NOT AVAILABLE for lessons.

<b>SUGARLOAF</b>	
<u>Saturday</u>	<u>Sunday</u>
2-Jan	3
9	10
16	17
23	24
30	31
<b>6-Feb</b>	7
13 President's	14 Week
20	21
27	28
<b>6-Mar</b>	7
13	14
20	21
27 Ski-A-Thon	28 Thanks!
<b>3-Apr</b> at Saddleback	4 at Saddleback

<b>CROSS COUNTRY SKIING &amp; SNOWSHOEING</b>		
Sunday River XC Center		Pineland Farms
<u>Wednesday</u>	<u>Friday</u>	<u>Thursday</u>
Sunday River XC	Sunday River XC	Pineland Farms
<b>6-Jan</b>	8	<b>7-Jan</b>
13	15	14
20	22	21
27	29	28
<b>3-Feb</b>	5	<b>4-Feb</b>
10	12	11
17 President's Week	19	18
24	26	25
<b>3-Mar</b>	5	<b>4-Mar</b>
10	12	11
17	19	18
24	26	25
31	<b>2-Apr</b>	<b>1-Apr</b>

\*Pineland dates are subject to snow conditions, alternate location in absence of snow will be The Sunday River Cross Country Center

If you have any questions, please call the MHS office at 207-824-2440 or email [schedule@skimhs.org](mailto:schedule@skimhs.org)  
**We can't schedule participants until you sign up so please return this form as soon as possible to:**

**Maine Handicapped Skiing**  
**8 Sundance Ln**  
**Newry, ME 04261**  
**or fax:207-824-0453**

**If you email this back, please save it and then email the file to [schedule@skimhs.org](mailto:schedule@skimhs.org) if you just email the form directly from the site it will not send your information.**